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Telehealth Consent Form

The choice to do counseling on line verses in person takes into account what is best for you, the client, and any health issues that are existing. For some, it is best to meet via the computer to not put their health at risk or if the drive is too far. It is important to know what issues may arise doing telehealth and how we will try to address them.

First, I use both Doxy.me and Zoom and they both are HIPPA compliant. To the best of my ability I am providing a confidential platform for therapy.

At times the technology has problems. I usually start with Doxy.me but will switch to Zoom if there is an issue. I try to do it quickly not to lose time from our session. In both of these platforms you will enter a “waiting room” and I will let you in at the time of your appointment. If you are running late, you can text me to alert me you are waiting.

If at any time you feel uncomfortable doing therapy via a computer screen please let me know and we can try to make any necessary adjustments. I have found that it is possible to do EMDR and Dialogue work over the computer and that significant change takes place, even with the emotional distance of the screen.

Client Signature & date

Client Signature & date

Therapist Signature & date